



# Knowing Your Baby & Infant Massage



HOMELESS PRENATAL PROGRAM • 2500 18<sup>TH</sup> ST SAN FRANCISCO • (415) 546-6756 • WWW.HOMELESSPRENATAL.ORG



**October 20th through December 8th 2022  
Thursday from 1:30 -2:30 Via  
ZOOM**

This group welcomes pregnant families and families with babies less than 1 year.

In this group Parents/ caregivers will have an opportunity to read, sing, and play with your babies while learning to read baby cues.

Topics that will be covered includes: child development, bonding, and hands-on infant massage techniques

For any question related to registration. Please contact Juanita W at 415-632-1768 or Hanna D at 415-273-9043

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|-------------------|---------------------------------------|
| <b>10/20/2022</b> | Cribside communication                |
| <b>10/27/2022</b> | Patterns and Expectations             |
| <b>11/3/2022</b>  | Developmental Screening, ASQ          |
| <b>11/10/2022</b> | Temperament: Each Child is Different  |
| <b>11/17/2022</b> | Engagement and Disengagement          |
| <b>11/24/2022</b> | <b>Thanksgiving / no class</b>        |
| <b>12/1/2022</b>  | Love and Limits & Emotional Refueling |
| <b>12/8/2022</b>  | <b>Graduation!</b>                    |