



Prenatal Support Group

HOMELESS PRENATAL PROGRAM • 2500 18TH ST SAN FRANCISCO • 415-546-6756 • WWW.HOMELESSPRENATAL.ORG



Tuesdays 1:30 - 2:30 pm
April 19th - June 1st, 2022

A Weekly in person
Prenatal Support Group

For families expecting a baby.

Families in this support group build community with other parents expecting a baby. This group covers important topics like prenatal care, childbirth preparation, and caring for your newborn.

To register call:

Hanna at 415-273-9043

or Alicia at 415-625-3014

April 19, 2022	Pregnancy Discomforts and Prenatal Care
April 26, 2022	Labor and delivery, Part I
May 3, 2022	Labor and birth, Part II
May 10, 2022	Postpartum period
May 17, 2022	Feeding your baby
May 24, 2022	Newborn care
May 31, 2022	Family planning
Jun 7, 2022	Baby shower!