



HOMELESS PRENATAL PROGRAM

PRENATAL GROUP

A VIRTUAL GROUP VIA ZOOM

MONDAYS | 1:30 PM TO 2:30 PM

JULY 6TH TO AUGUST 24TH



Expecting parents are invited to participate in a weekly conversation centered on preparing you and your family for the birth of your baby.

We will address common concerns, share experiences and offer information that will empower you through your pregnancy, labor, delivery and postpartum phase.

We encourage you to invite a support person to participate with you.

Facilitated by: Elizabeth (415) 470-7696

Hanna (415) 273-9043