



## **HOMELESS PRENATAL PROGRAM**

### **KNOWING YOUR BABY AND INFANT MASSAGE**

**A VIRTUAL GROUP VIA ZOOM**

**THURSDAY | 1:00 PM A 2:00 PM  
SEPTEMBER 24TH TO NOVEMBER 12TH**

Welcome all pregnant families with babies 0-12 months.

The first year in your baby's life is critical to their development. Join us to share experiences and learn more about how you can support your baby's growth and learning. There will be time to sing, read, play, and practice infant massage techniques.

**Please contact Cristy at 415-314-8165 or Hanna at 415-273-9043 by 9/18 to register**

**2500 18TH ST. SAN FRANCISCO\* (415) 546-6756\* [WWW.HOMELESSPRENATAL.ORG](http://WWW.HOMELESSPRENATAL.ORG)**