



Knowing Your Baby & Infant Massage



HOMELESS PRENATAL PROGRAM • 2500 18TH ST SAN FRANCISCO • (415) 546-6756 • WWW.HOMELESSPRENATAL.ORG



July 20th through September 7th 2022 on
Wednesdays at 10:30 am

Via ZOOM

This group welcomes pregnant families and families with babies less than 1 year.

In this group Parents/ caregivers will have an opportunity to read, sing, and play with your babies while learning to read baby cues.

Topics that will be covered includes: child development, bonding, and hands-on infant massage techniques.

To register for this class reach out to Hanna at 415-273-9043 or Samantha at 650-204-0613

Week of July 20,2022	Cribside communication
Week of July 27, 2022	Patterns and Expectations
Week of August 3, 2022	Developmental Screening, ASQ
Week of August 10 , 2022	Temperament: Each Child is Different
Week of August 17, 2022	Engagement and Disengagement
Week of August 24, 2022	Love and Limits & Love Needs a Safe Base
Week of August 31, 2022	Emotional Refueling
Week of September 7, 2022	Graduation!