



# Knowing Your Baby & Infant Massage (English and Spanish)



HOMELESS PRENATAL PROGRAM • 2500 18<sup>TH</sup> ST SAN FRANCISCO • (415) 546-6756 • WWW.HOMELESSPRENATAL.ORG



**Tuesday**  
1:30-2:30 PM  
Meeting via Zoom

*Welcome families  
with babies 0-12  
months*

The first year in your baby's life is critical to their development. Join us to learn more about how you can support your baby's growth and learning. There will be time to sing, read, play, and practice infant massage techniques.

Contact Hanna:  
415-273-9043

Your Baby is Speaking to You	01/05/21	Temperament:Each Child is Different	02/02/21
Patterns and Expectations	01/12/21	Love and Limits & Love Needs a Safe Base	02/09/21
Engagement and Disengagement	01/19/21	Emotional Refueling- (ASQ)	02/16/21
Love is Letting Go	01/26/21	<b>Graduation</b>	02/23/21